



70th Annual Block Island Race Friday, May 22, 2015

The Block Island Race is a qualifying race for the Northern Ocean Racing Trophy, the Double Handed Ocean Racing Trophy, the New England Lighthouse Series, the Gulf Stream Series, and a qualifier for the YRA of LIS Spring Series, DeCoursey Fales and Windigo Trophies, and “The Tuna Trophy.”

The Storm Trysail Club is the Organizing Authority for the Block Island Race. The Storm Trysail Club thanks the Flag officers and the members of the Stamford Yacht Club for the use of their facilities and their cooperation and hospitality.

SAILING INSTRUCTIONS

1. **RULES:** The Block Island Race shall be governed as follows:
 - A) The race shall be governed by the rules as defined by The Racing Rules of Sailing 2013-2016. The US SAILING Prescriptions to the RRS do not apply, except the prescriptions to rules 61.4, 76.1., and Appendix R. Those prescriptions are available on the Storm Trysail Club website (www.stormtrysail.org). Rule 51 is modified to allow the use of canting keels for all boats rated with them. Rule 52 is modified to allow the use of stored power to mechanically move canting keels. Advertising is allowed in accordance with ISAF Regulation 20. The current YRA of LIS Minimum Equipment and Safety Recommendations (see NOR 3.2 and attached Addendum.) These recommendations are also available on the YRA-LIS web site: (www.yralis.org). A copy of these recommendations shall be kept aboard while racing. In the event of a conflict between these recommendations and applicable class rules, the class rules shall apply.
 - B) For boats sailing in a double-handed division, the following shall apply:
 - 1) Crew is limited to 2 persons, each of which shall be at least 18 years of age. Parent/child team MAY be permitted by special request.
 - 2) Wind vanes and/or autopilots may be used without penalty.
 - 3) Safety lines (jack lines) leading forward from both sides of the cockpit to the bow, well secured at each end, shall be rigged throughout the race.
 - 4) Competitors sailing in the double-handed division are permitted to utilize radio communications amongst themselves while racing. This changes rule 41.
 - C) The following shall apply for all classes:
 - 1) The Scoring Penalty, rule 44.3 will be used.
 - 2) From sunset to sunrise the following shall be substituted for rule 17:

When two boats are on the same tack within three overall lengths (of the larger boat) of each other, the boat being overtaken shall maintain her proper course. The overtaking boat shall keep clear, and neither boat shall bear away toward, nor luff, the other.
2. **Notices to Competitors:** All notices shall be available on the YachtScoring website (www.yachtscoring.com) and posted on the Notice Board at the Dockhouse at Stamford Yacht Club by 1200 on the day of the race. They shall be incorporated into the Sailing Instructions and shall be considered as having been delivered to each Captain.
3. **Changes to Sailing Instructions:** Changes and/or additions to the Sailing Instructions shall be posted on the Notice Board and shall be available on the YachtScoring website by 1200 on the day of the race. Changes to the scheduled start time will be posted by 1000 on the day of the race.

4. Signals Made Ashore:

(a) In the event that changes and/or additions have been made to the Sailing Instructions, International Code Flag "L" will be hoisted on the Shore Station (main flagpole) of the Stamford Yacht Club at least four hours prior to the warning signal. Any such changes **will not** be available on the water. (see SI 2)

(b) In the event weather conditions are such that the race cannot be started at a reasonable hour, the Start will be postponed, by the display of International Code Pennant "AP" over International Code Flag "A" and two sound signals. The Warning for the first class will be Saturday at 0855.

5. Class Flags: (a) Classes shall be established and identified by numeral pennants. EACH BOAT SHALL CARRY FROM HER BACKSTAY THE APPROPRIATE INTERNATIONAL NUMERAL PENNANT FOR HER CLASS FROM THE TIME OF HER WARNING SIGNAL UNTIL SHE HAS FINISHED THE RACE.

(b) Class assignments will be made by the Race Committee and shall appear on the Scratch Sheets.

6. The Racing Area: (a) The Starting Line shall be between Fl Red BELL "32" (The Cows) off Stamford Harbor, and an orange Flag displayed from a staff on the Committee Boat.

(a) The Starting Area shall extend along the Starting Line and 100 yards westerly thereof.

(b) An Auxiliary Committee Boat may be On Station on an extension northerly of the Starting Line.

(c) Boats not starting shall keep clear of the Starting Area.

(d) The racing area shall be Long Island Sound, Block Island Sound, and the waters around Block Island.

7. The Start: (a) Starting Signals shall be in accordance with rule 26 with classes starting at ten-minute intervals after the first start and in the order indicated on the top of the Scratch Sheet:

TIME	SIGNAL	SHAPE/FLAG
1400	Warning	Class Flag
1401	Preparatory	P
1404		Preparatory removed
1405	Start	Class Flag Removed
1410	Warning	Class Flag
1411	Preparatory	P
1414		Preparatory removed
1415	Start	Class Flag removed

This pattern shall continue until all classes have started

(b) Recalls shall be signaled in accordance with rule 29. The RC may announce OCS boats over VHF Channel 05A.

A boat that is OCS and does not restart shall have thirty minutes added to her elapsed time. The failure of the RC to make a radio call or of any boat to hear such call, shall not be grounds for redress.

8. Courses:

8.1 The courses are as follows:

(1) **The Block Island Course**

Boats will sail from the Start; leave "IBI" and Block Island to starboard, to the Finish. Course distance is 185 NM.

(2) **The Plum Island Course:**

Boats will sail from the Start; leave the Red & White Whistle "PI" (Plum Island) to starboard, and to the Finish. Course distance is 125 NM.

(3) At the discretion of the Race Committee, a **REVERSE COURSE (code flag "R") may be signaled.**

Course "R" shall be from the Start out to and around Block Island in an ANTI-CLOCKWISE direction, thence to the Finish: Block Island and "IBI" shall be left to Port. Should Course "R" be signaled, it will be announced before each Warning Signal.

(4) All other Government Marks may be disregarded at the discretion of the Captain.

8.2 At the discretion of the Race Committee, a **SHORT COURSE (code flag "C") may be signaled.** Course "C" shall be the Plum Island Course. Should Course "C" be signaled, it will be announced before each Warning Signal.

9. The Finish: The Finish Line will be between a staff displaying a blue flag on a committee boat and Flashing Red Bell "32" (The Cows). Boats are requested to radio the Race Committee via VHF Channel 05A when within 1 mile of the finish. When finishing in darkness, to be sure identity has been properly established, each boat shall illuminate her sail

numbers and communicate with the Race Committee via radio. If no committee boat is on station, boats shall take their own when "The Cows" bears due North.

10. **Time Limit:** None.
11. **Protests & Requests for Redress:** A boat protesting another shall display a Protest Flag above her class flag. Upon finishing, she shall notify the RC of her intention to file a protest (this modifies rule 61.1)
 - (a) Protests shall be filed in writing and filed at the Dockhouse at the Stamford Yacht Club within four hours of the protestor's finish time or by 0900 for boats finishing between 2200 and 0500.
 - (b) The Protest Committee may, at its discretion, award a penalty of less than disqualification for certain infringements of the Rules. This modifies rule 64. 1.
 - (c) Protest hearings will be held at the Stamford Yacht Club at a time to be determined and mutually acceptable to the parties involved.
12. **Safety Regulations:** In order to ensure that safety requirements are being, or were, met, it is recommended that all boats check in with the Race Committee by sailing in proximity thereto and with storm jib and either double-reefed main or storm trysail flying. All boats are strongly encouraged to follow the STC Safety Guidelines and the Guidelines for Rendering Assistance. These guidelines are available on the Storm Trysail website: (www.stormtrysail.org), a copy of which shall be kept aboard while racing. The Organizing Authority may make random inspections of boats at any time prior to the awarding of prizes.
13. **Radio Use:** VHF Channel 05A shall be used by the Race Committee. All boats are urged to keep their radios ON during the starting sequence, and monitor VHF Channel 16 for the duration of the race.
14. **Withdrawals:** Any boat withdrawing from the race shall break out her ensign and lower her class flag. At the first opportunity she **SHALL** report her withdrawal to the Race Committee on VHF Channel 05A or by telephoning 203-912-8858.
15. **Prizes and Reception:** A reception and awards gathering is scheduled for 1700 on Sunday, May 24th at the Stamford Yacht Club. All skippers, crew and guests are invited. Dress is nice casual, there is no fee. Skippers are requested to advise Stamford YC (203-323-3161) of the number of people they intend to include.

**PLEASE ADDRESS ALL CORRESPONDENCE TO:
THE STORM TRYSAIL CLUB, 1 WOODBINE AVENUE
LARCHMONT, NEW YORK 10538
TEL: 914-834-8857 FAX: 914-834-6484
Email: StormTry@aol.com - Website: <http://Stormtrysail.org>**